



Personal development for success (Social awareness)

Unit 1: Communicating

- Managing your social behaviour
- Communicating with others socially
- Understanding equality and diversity
- Understanding your rights
- Safeguarding and Prevent
- Understanding learning difficulties
- Creating healthy relationships.

Unit 2: Common mental health problems

- Understanding stress
- Understanding anxiety
- Understanding depression
- Understanding eating disorders.

Unit 3: Nutrition, exercise and well-being

- Food safety awareness
- The principles of nutrition and a healthy diet
- The principles of exercise
- Alcohol awareness
- Substance misuse awareness
- Sexual health awareness
- Talking matters.

Unit 4: Online awareness

- Awareness of online safety
- Awareness of social media
- Awareness of grooming and exploitation
- Creating a positive body image.

Unit 5: Money management

- Personal household budgeting
- Professional budgeting.

Unit 6: Current affairs

- Awareness of Female Genital Mutilation (FGM)
- Lesbian, gay, bisexual, transgender and questioning (LGBTQ+)
- Awareness of domestic violence
- Awareness of gangs and drug channels
- Environmental impact
- Politics
- Understanding British Values
- Young carers
- Forced marriage.



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essentials

Online content for student tutorials.



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A brand new suite of online content mapped to the latest Ofsted framework and perfect for student tutorials.

- Engaging online content focused on the personal development, behaviour and attitudes of learners
- Use as a flipped learning model to ensure tutors spend more time on higher order, applied, contextualised learning to develop 'depth'.
- Auto-assessed questions – no need for tutor marking.
- Auto-certification – personalise your students certificate.
- Huge cost savings on standard tutorial delivery.
- Track, monitor and evidence student work.
- Support learners develop a breadth of knowledge for their future career and life.

For a demo, email techsales@theskillsnetwork.com

Career development

Unit 1: Pre-employment

- Using social media platforms to present yourself and search for jobs
- Job search skills
- Applying for jobs
- Developing yourself and your strengths
- Presenting information on a CV
- Identify a range of career options.

Unit 2: Interview

- Planning for an interview
- Presenting yourself.

Unit 3: During employment

- Identifying and dealing with problems in daily life
- Digital skills.



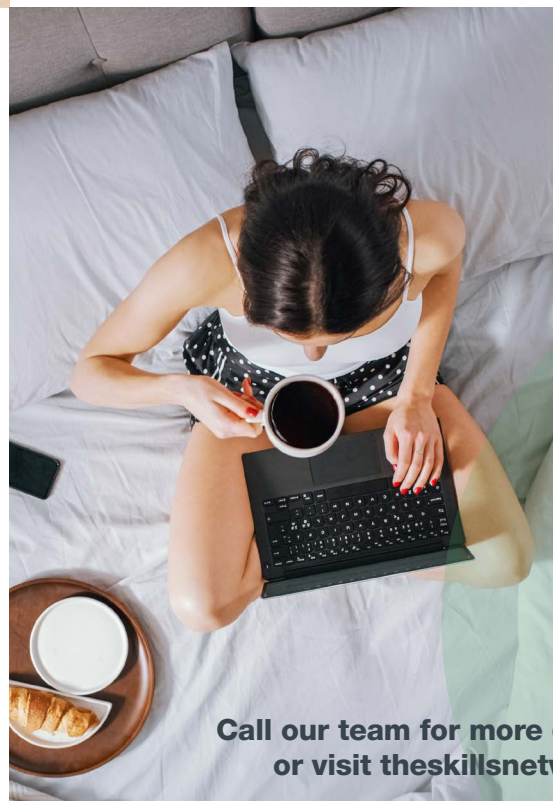
Developing behaviour and attitudes for life and work (Self-development)

Unit 1: Revision

- Understanding the demands of study and setting targets for study
- Effective revision techniques and practices
- Referencing styles
- Effective essay writing.

Unit 2: Learning

- Techniques for effective learning
- Critical thinking
- Long-term memory development.



Call our team for more details on 01757 606 631
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