

## Level 2 Award in **Occupational Health and Safety**

### Course overview

**Approximately 27 million working days were lost due to work-related illness or workplace injury during 2012.**

Good knowledge of health and safety is becoming a vital skill in the workplace as it benefits the employees, employers and general safety at work.

All employees should have a basic knowledge of the health and safety procedures at work, but this course provides a more in-depth description, looking at risk assessments, fire safety principles and relevant legislation.



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### Who is suitable?

Anyone who is in a role where health and safety is important or relevant to the workplace could benefit from this course. From being the health and safety officer for your office to working in event management, the course enables a learner to open new doors to enable professional progression.

### Learning method

Studying via distance learning means you can choose when and where you study. We ensure that you get all the support you need throughout your course in the form of a personal tutor and customer service advisor.

This course is available:

 **Online**    **Paper-based**

 **Paper-based learning with online assessments.**

The online course is available on The Skills Network's online learning platform, **EQUAL**. Online learning with a difference, **EQUAL** features:

- **Exciting and engaging content**
- **Interactivity – featuring videos and games to enhance learning**
- **Virtual tutors who offer hints, tips and guidance throughout the course.**

### What you will learn

**This course is split into five manageable units:**

**Unit 1:** Health and safety in the workplace

**Unit 2:** Fire safety principles

**Unit 3:** DSE risk assessment

**Unit 4:** COSHH risk assessment

**Unit 5:** Manual handling safety at work.

### Benefits

- Gain a nationally recognised qualification
- Study will enhance both personal skills and professional development
- The programme is delivered via distance learning, allowing learners to choose where and when they study
- On average, the course should only take between 12–16 weeks to complete
- Personal tutors are assigned to each individual learner to ensure they have the necessary support needed to be successful.

no exams  
just assessments